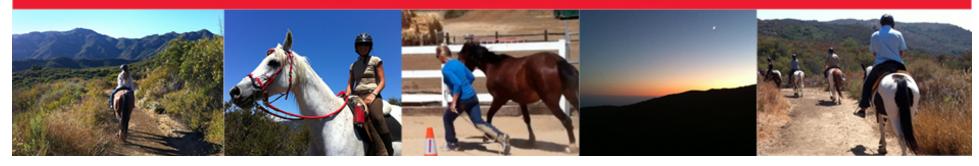


The Therapeutic Equine Experience

Connemara Ranch





The Therapeutic Equine Experience

- The Therapeutic Equine Horse Experience at the Connemara Ranch is a fun and experiential horse adventure connecting humans with beautiful and majestic horses in a natural setting
- The many benefits of the experience include:
 - Joyful fun connecting with the horses and each other
 - Self-discovery and uncovering behaviors, thoughts and feelings that don't serve you. Horses
 gives immediate feedback through their ability to mirror what's going on inside you
 - Other possible learning include: respect for self and others, improved communication, boundary setting, empathy, problem solving and cooperation, self control and confidence, responsibility and accountability, honesty and trust, overcoming challenges in a nonthreatening atmosphere
- Everyone will have the opportunity to connect one-on-one with the horses through different exercises based on Carolyn Resnick's "Waterhole Rituals" – a method developed thru the study of wild horses
- Led by Talley –horse woman extraordinaire with over 25 years of horse experience, a
 Masters Degree in Spiritual Psychology, EAGALA trained, leader of equine therapy programs
 in Malibu over the past 20 years and "horse teacher" to countless celebrities



The Therapeutic Equine Experience

Available in 2 hour sessions, ½ day or full day experiences

Location: The Connemara Ranch

29685 Cuthbert Road, Malibu

Contact: Talley Hutcherson

Phone: 619-518-5828

Email: <u>thutch46@gmail.com</u>

 Note: Wear comfortable clothing, sun protection and appropriate shoes