



The Therapeutic Equine Experience

CONNEMARA RANCH





The Therapeutic Equine Experience

- The Therapeutic Equine Horse Experience at the Connemara Ranch is a fun and experiential horse adventure connecting humans with beautiful and majestic horses in a natural setting
- The many benefits of the experience include:
 - Joyful fun connecting with the horses and each other
 - Self-discovery and uncovering behaviors, thoughts and feelings that don't serve you. Horses gives immediate feedback through their ability to mirror what's going on inside you
 - Other possible learning include: respect for self and others, improved communication, boundary setting, empathy, problem solving and cooperation, self control and confidence, responsibility and accountability, honesty and trust, overcoming challenges in a non-threatening atmosphere
- Everyone will have the opportunity to connect one-on-one with the horses through different exercises based on Carolyn Resnick's "Waterhole Rituals" – a method developed thru the study of wild horses
- Led by Talley –horse woman extraordinaire with over 25 years of horse experience, a Masters Degree in Spiritual Psychology, EAGALA trained, leader of equine therapy programs in Malibu over the past 20 years and "horse teacher" to countless celebrities



The Therapeutic Equine Experience

- Available in 2 hour sessions, ½ day or full day experiences
- Location: The Connemara Ranch
 - 29685 Cuthbert Road, Malibu
- Contact: Talley Hutcherson
 - Phone: 619-518-5828
 - Email: thutch46@gmail.com
- Note: Wear comfortable clothing, sun protection and appropriate shoes